

FLASHCARDS

Do you have a spare 5 minutes?
Combine spaced practice with active recall

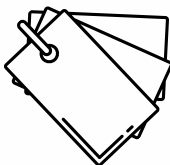
How?

- Make your own flashcards- this is the most effective part
- Use them with family or friends to quiz each other

AVOID

Just flipping through cards without testing yourself.
(confirmation bias)

"Memory is more enduring if practice is distributed in time, not massed."
~ Willingham



Revision for SUCCESS!

REVISED

PAST PAPER TECHNIQUE

- Do a paper, or part of a paper under as close to **test conditions** as you can
 - NO notes
 - NO music
 - NO distraction
- After the time (or during another revision block) fill in gaps/ **amend answers using notes/resources**
- During the next revision block, mark your work using a mark scheme - **note any corrections and common errors...**
- Repeat with the next paper
- Close to the exams, miss out part 2 so that you're marking/ correcting your 'revised' knowledge.



CORNELL NOTES

The best way to take & organise notes - write your own summaries to reinforce learning

How?

- Take notes- jot down key points, facts & ideas
- Summarise- create a brief summary & add questions or key words in margin

Why?

Active writing helps ensure notes match the specification and enhance memory!

AVOID

Buying pre-made revision guides for this purpose



FINAL TIPS!

- **Complete some retrieval practice!** - regularly test yourself to improve long term memory (try quizzes or exam questions)
- **Focus on active methods** like testing and summarising
- **Avoid passive techniques** like reading or highlighting
- **Use your time wisely** with spaced, varied & focused practice
- **Environment** - keep it free from distractions - know where you will work!

KNOWN UNKNOWNNS

- Remember, the only way of knowing whether or not you **KNOW** something is to **test yourself**
- **RAG (red, amber, green)** your syllabus to check off what you need to **KNOW**

Be **HONEST** about what you **KNOW**!