

Online Safety Video Transcript 2 - https://youtu.be/z6qU3l92_Io

- Screen time
- Online Safety Act
- Safer Internet Week
- Online Safety Update January
- INEQE Safeguarding Newsletter
- Smartphone safety tips

Transcript

Welcome to the second Online Safety Video created for parents and guardians of our QE students. This video has even more helpful content that you can use to best support your child when navigating through the online world we are all a big part of.

On the agenda over the next 4 or 5 minutes will be Smartphone safety and screen time from the National Online Safety website. For those parents who may have given the gift of a first or new smartphone at Christmas there is lots of information about how to ensure safety when setting up the device. We will also look at the January News Update they provide. The UK is setting its stall out for the internet with its brand new Online Safety Act....but what does this mean? I'll introduce the INEQE Safeguarding Newsletter and what they offer before ending on Safer Internet Week which we embraced here at QE just before the half term.

NOS - smartphone safety tips, then screen time, then january update

First things first, we are heading to the National Online Safety website and navigating our way to their library of resources. If you type "smartphone" into the search bar you will be able to find plenty of information at your disposal, including these guides on "Smartphone Safety Tips" and "Managing Screen Time". These guides are also available on the school website for download. We know that these devices are commonplace for young people and it will certainly form a significant part of their futures, however whilst they are still young and have some vulnerabilities it can be really helpful to manage and safeguard the time they do spend on their devices.

As mentioned in the last video, National Online Safety have a very handy video that summarises all of the online safety-related news over the last month. Again, head to the library and search for "news roundup". I recently sent some feedback asking for the videos to include more specific advice and guidance related to the issues arising in the news. Fingers crossed there will be some developments in the content making it even more useful for adults like myself or parents like you.

Online safety Act

After several years of deliberation and research...the Online Safety Act has been passed through as law. Just before Christmas it completed the final stages. Unfortunately, this does not mean too much just yet as the organisations involved in writing the law now have to start drawing up what the law will actually do. They will be holding social media companies and search engines to account for the way they are run and the way they protect people. The

aims are that young people will experience the internet in a much safer way through age appropriate environments, less risks in the systems and much less access to inappropriate content. There is no way to know yet if it will happen but there is the possibility that apps and websites will need to be much more robust in their age verification systems. What we need to be careful about is that young people do not use alternative methods or more risky sites to access information or content they want to see. The best way for us to do that is by educating them on the risks involved.

Team Beat

A quick update that I was recently made aware came from a newsletter I subscribe to from BEAT - an eating disorder awareness charity - that Instagram and Facebook have committed to blocking under 18's from seeing content about harmful eating disorders, suicide and self harm. What they will be ensuring is seen by young people is support networks and plenty of guidance. This is great to hear and is a practical way of dealing with issues that were highlighted during the formation of the Online Safety Act.

INEQE Safeguarding Newsletter

I seem to be advertising a variety of different organisations that provide information on Online Safety and today is no exception...INEQE Safeguarding Group have an excellent newsletter for a load more hints and tips for keeping young people safe online. The info is necessarily new but they have it really concisely formatted into one email which I quite like. If you have concerns about online safety and want to find out more to help, I would really recommend signing up to this one.

Safer Internet Week

Before the February half term it was the international Safer Internet Day on Tuesday 6th February. At QE we turned this into a week of activities including an assembly for each year group and form time group discussions to help students talk about the idea of "change" and what this means to them. The students were told about how they are the next generation of people that could affect real change to our online world and that they might have the responsibility to ensure that safety is a key part of the changes.

So, thank you for listening! I'll be back as soon as I can with another video update.