



**YOUTH
WITHOUT
LIMITS**

**START
YOUR BRONZE
DOFE**

What is the DofE?

The DofE is a life-changing adventure.

You make it: The DofE is as unique as you are

Millions of young people in the UK have already done their DofE.

Now it's your turn.



**YOUTH
WITHOUT
LIMITS**



What will I do?



Volunteering section

Take action and make a difference to the causes you care about

Help others and change things for the better



**YOUTH
WITHOUT
LIMITS**



Physical section

**Take part in whatever
dance, sport or fitness
activity you would like**

**Get fitter and have fun
along the way!**



***YOUTH
WITHOUT
LIMITS***



Skills section

Devote yourself to improving your skills in the things you love to do

Discover new passions and develop talents you didn't know you had



**YOUTH
WITHOUT
LIMITS**



Expedition

**Explore the great outdoors
and spend a night away
from home**

**Create memories that
will last a lifetime**

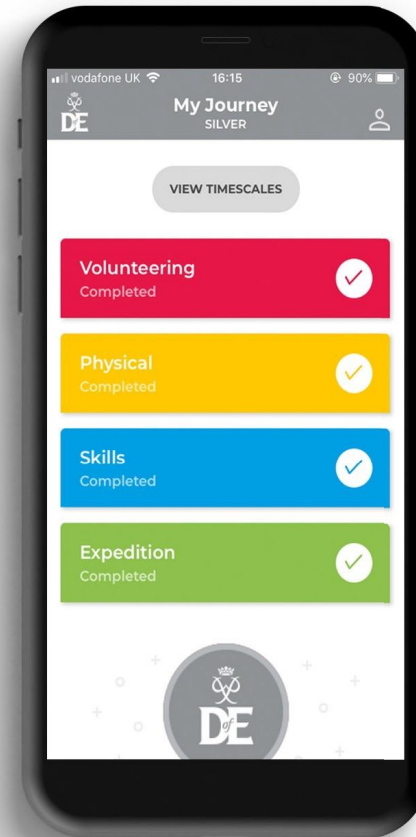


**YOUTH
WITHOUT
LIMITS**

What will I do?



Your Welcome Pack and eDofE



Getting started

**Are you ready to start
an adventure you'll
never forget?**



***YOUTH
WITHOUT
LIMITS***

The DofE is a
charity. Visit [DofE.org](https://www.dofe.org) for more
information.