

Queen Elizabeth's Grammar School - Bronze Expedition Kit List

Personal Equipment	Notes	Suggested brands
Walking Boots	Comfortable and broken in	Vango, Peter Storm etc.
Walking socks	2 pairs	Bridgedale, Peter Storm etc.
Waterproof Jacket		Craghoppers, Peter Storm, Berghaus etc.
Fleece top or similar	Not hoodies	Craghoppers, Peter Storm, North Ridge etc.
T-Shirts	2	
Walking trousers/leggings	1 pair Not jeans	Craghoppers, Peter Storm etc.
Shorts	1 pair	
Underwear		
Nightwear		
Flip flops/sandals	For campsite	
Sunhat		
<i>Rucksack</i>	<i>65 litres with hip belt</i>	<i>Vango etc.</i>
Rucksack liners	Strong plastic bags	
Sleeping bag	2-3 season, lightweight	OEX, Vango, Berghaus etc.
<i>Sleeping mat</i>	<i>Foam or inflatable</i>	
Torch	Lightweight	
Personal first aid kit	Medication, blister plasters	
Water bottles	1.5L capacity	
Cutlery		
Mug/plate/bowl		
Wash kit		
Towel	Light/small	
Sunglasses		
Optional		Notes
Waterproof over trousers		Go for synthetic fabrics rather than cotton/denim
Sleeping bag liner		No large heavy coats - thin light layers work well
Gaiters		Check the weather forecast beforehand!
Group equipment		Retailers
Expedition food		Go Outdoors
Box of matches		Blacks/Millets
Whistle		Trespass
Watch		Mountain Warehouse
Digital camera		<i>Discounts available for DofE participants</i>
Sunblock/Aftersun		
Tea towel/scourer		
Insect repellent		
<i>Tent</i>		
<i>Stove/Pans/Fuel</i>		
<i>Maps/Map case</i>	<i>OS Explorer 1:25,000</i>	
<i>Compass</i>		