

**QUEEN ELIZABETH'S SPORTING CLUBS**  
**FEBRUARY - EASTER 2024**



<b>Day</b>		<b>Participation</b>	<b>Excellence / Performance</b>	<b>Examination PE</b>
<b>MON</b>	Lunch		Year 7 Netball (invite only) (MLW)	
	After school	KS3 Trampolineing (MLW)		
<b>TUES</b>	Lunch			GCSE Badminton / Table Tennis (JRC) GCSE Trampolineing (KF/PZW)
	After school		U14 (Yrs 8&9) Girls' Football fixtures (KF) Rugby fixtures (PF/JRC) Dance showcase rehearsals (MLW)	A Level skill acq. Revision sessions (PZW)
<b>WED</b>	8-8.30am	Years 10 & 11 Early risers yoga / mindfulness (PZW/KF/MLW)		
	Lunch	Sixth Form Games (pm)	Dance showcase rehearsals (MLW)	
	After school	Yrs 7&8 Girls' Football (KF/MZC)	GCSE Trampolineing (KF) Rugby fixtures (PF/JRC) Dance showcase rehearsals (MLW)	
<b>THURS</b>	Lunch	KS4 Boys Basketball (GLL)		
	After school			
<b>FRI</b>	Lunch	KS3 Five a-side (JRC) Yr 7 Rugby (PF)	Dance showcase rehearsals (MLW)	
	After school			
		<b>Participation:</b> Clubs open to all in the stated age group (if applicable) and all welcome.	<b>Excellence Performance:</b> Clubs and representative matches for selected students.	<b>Examination PE:</b> Clubs suitable for examination PE students only to practice and increase grades.